Reviewer’s report


Version: 0 Date: 20 Aug 2019

Reviewer: Paula Brauer

Reviewer's report:

A very nice paper. Important topic, well analysed, beautifully written.

Found one typo on line 2 of last page of discussion.

In interpreting the data, it is clear that the idea of weight monitoring for obesity prevention in early adulthood as was envisaged by the Canadian Task Force on Preventive Health Care in their 2015 adult obesity guidelines, is not happening. Specific mention of the potential of weight monitoring to improve weight gain prevention in primary care would be appreciated. The last paragraph of the Discussion alludes to the issue but does not mention weight gain in adulthood as a specific prevention issue.

Tables 2 and 4 could be in the supplementary material.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

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Yes

Are the conclusions drawn adequately supported by the data shown?
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Yes

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