Reviewer’s report

Title: Feasibility and long-term efficacy of a proactive health program in the treatment of chronic back pain: a randomized controlled trial

Version: 2 Date: 01 Aug 2019

Reviewer: Cary Carrington Reid

Reviewer's report:

The authors have been largely sensitive to the concerns raised in the last review.

I have two further suggestions

1. Would pick one term for your target condition (persistent back pain) and use it consistently throughout the manuscript. In the current version various terms are used to include recurrent backache, persistent back pain, persistent backache, persistent BP, chronic backache and chronic back pain

2. Page 16, line 7. Suggest replacing the phrase "do not argue against: with "support" so the phrase reads the available results of the present study support continuing the program (to avoid use of a double negative.)

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics
Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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