Author's response to reviews

Title: Shift Work to Balance Everyday Life? An interview study with a salutogenic perspective among registered and assistant nurses in home help service in Sweden

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Version: 4 Date: 16 November 2014

Author's response to reviews: see over
Dear Editor,

Thank you for your comments and the opportunity to submit a revised version of the manuscript. We really appreciate your effort and we have given your comments full consideration to improve the paper. We have made changes in the manuscript as shown by our responses point by point to your comments below.

1. In the abstract we have included a phrase about the salutogenic perspective and corrected typo “Being healthy and taking care of yourself”.

2. In the background we have included a description of the salutogenic perspective and the relation to workplace health promotion. This is an innovative approach as the salutogenic theory is an important contribution to health promotion research and practice. The salutogenic perspective is scarce in work-life balance literature.

3. The aim has been changed to “explore perceptions of resources in everyday life to balance work and private life among home help service nurses.” We have stated that this study was the first part of a PhD research study in Ethical Considerations.

4. We have added a flow chart (figure 1) to illustrate the process for sample selection. The questionnaire was a short questionnaire with demographic and family data. In the Procedure section the use of the questionnaire is described. The order of the sub - headings in the Methods section has been changed to improve clarity. In the Setting and context section we have described the education of assistant nurses.

5. We have shortened the discussion and used sub – headings. Some newer references and small text passages have been added. We choose not to mention the second study in the discussion section.

6. The conclusion is shortened and tightened and the last paragraph is moved to “Implications”.

7. The heading of the tables’ are shortened.

8. The title of the paper has been changed to “Shift Work to Balance Everyday Life? A salutogenic nursing perspective in home help service in Sweden”.

All authors have seen and approved the revised paper.

Yours sincerely

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