Author's response to reviews

Title: Shift Work to Balance Everyday Life? An interview study with a salutogenic perspective among registered and assistant nurses in home help service in Sweden

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Author's response to reviews: see over
Dear Editor,

Thank you for the opportunity to submit a revised version of the manuscript. We really appreciate the comments from the reviewers and have given them full consideration to improve the paper. We have made changes in the manuscript as shown by our responses to their comments below.

- The title of the article has been changed to “Shift Work to Balance Everyday Life? An interview study with a salutogenic perspective among nurses in home help service in Sweden”

- We have clarified in the method section that it was four registered nurses working in the workplace and this may explain why the majority of participants who volunteered were assistant nurses.

- Because of the registered nurse is one of the employees at the workplace we believe it is important to include her perceptions of resources in everyday life to balance work and private life as well.

- This study was the first part of a comprehensive PhD thesis work aiming at a deeper understanding of the phenomenon work-life balance. Being a qualitative study the aim was not to generalize the results. The richness of the data that is therefore essential and we found that 13 individual interviews and two focus groups interviews gave enough in depth information about work-life balance in this study.

- The physician is an associate professor in public health and discussed the result of the analysis mainly from this perspective. But we also believe that it was of importance, to be able to discuss the result from different perspectives, and that the authors had different backgrounds and pre–understanding about work-life balance.

- The participants had access to a gym and self-scheduling in the workplace but did not talk about these factors as resources, which is interesting. We have in a second study of the PhD thesis looked at these promoting strategies from the employer with a survey.

- We have updated the references and added more recent research, 5 papers, as suggested. Changes of grammar and style have been made to increase focus on third person.

- The text of the paper has in some sentences of the Discussion and in the beginning of the Conclusion been revised, in order to highlight the findings more clearly.
• All authors have seen and approved the revised paper.

Yours sincerely

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