Author’s response to reviews

Title: Effectiveness of PUSH notifications from a mobile app for improving the body composition of overweight or obese women. A protocol of a three-armed randomized controlled trial.

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Version: 3 Date: 14 Feb 2020

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Dear Editor,

As required in the last 'minor revision’, we checked the points and you will find below the point by point:

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Response 1. We confirm that we do not need additional copyright permission to reproduce any of the figures. We have, also, added in the manuscript the application name and version used to perform the Figure 3.
At this stage, please upload your proofread manuscript as a single, final, clean version that does not contain any tracked changes, comments, highlights, strikethroughs or text in different colours. All relevant tables/figures/additional files should also be clean versions. Figures (and additional files) should remain uploaded as separate files. Please ensure that all figures, tables and additional/supplementary files are cited within the text. Should you wish to respond to these revision requests, please include the information in the designated input box only.

Response 2. The revised manuscript has been uploaded on the platform.

King regards

Alberto Hernandez-Reyes