Reviewer’s report

Title: Strategies for Evaluating Self-Efficacy and Observed Success in the Practice of Yoga Postures for Therapeutic Indications: Methods from a Yoga Intervention for Urinary Incontinence among Middle-aged and Older Women

Version: 2 Date: 23 Mar 2020

Reviewer: Peter Bayley

Reviewer's report:

The authors were very responsive to the earlier reviewers comments and have done a good job in clarifying their study. They did not add plots as suggested (item #4) due to the large number of figures already in the manuscript (5), but have offered to do so if the Editor wishes.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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