Reviewer’s report

Title: Sedative and hypnotic effects of Compound Anshen essential oil inhalation for insomnia

Version: 1 Date: 22 Jul 2019

Reviewer: Tadaaki Satou

Reviewer's report:

Please include all comments for the authors in this box rather than uploading your report as an attachment. Please only upload as attachments annotated versions of manuscripts, graphs, supporting materials or other aspects of your report which cannot be included in a text format. Please overwrite this text when adding your comments to the authors. Although this manuscript provides some interesting scientific results several deficiencies should be addressed before acceptance for publication in the BMC Complementary and Alternative Medicine. Please clarify the novelty of this paper. The results obtained this time are the results already reported for each essential oil. Show the importance or further effect of blending essential oils. As such, novelty is not recognized in this paper. Examining essential oils and their blends is not a scientific understanding of aromatherapy. The effects of essential oils, which are mixtures, are thought to be elucidated scientifically by conducting experiments and discussions on single chemical components.

Are the methods appropriate and well described?
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Yes

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No

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