Reviewer’s report

Title: EFFECTS OF WHOLE-BODY ELECTROMYOSTIMULATION ON HEALTH AND PERFORMANCE: SYSTEMATIC REVIEW

Version: 0 Date: 07 Dec 2018

Reviewer: Sakineh Shab-Bidar

Reviewer's report:

This systematic review has been conducted to determine the effects produced by WB-EMS. Authors reported that the scarce amount of scientific evidence found does not allow definitive conclusions about its effects. The major issue is that when there are no enough studies, so conducting systematic review is meaningless. The other major issue is that it is not clear that which study design has been included and the studied population is not exactly defined.

- Full search strategy with details (MeSh terms and Text words) in a Table should be provided
- Specify which type of study design was considered in this study
- clarify PICOS in the text or in a Box
- Indicate if a review protocol exists for this meta-analysis
- Please explain why authors did not perform meta-analysis.
- Manuscript needs serious English editing

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
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Unable to assess

**Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?**
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I am able to assess the statistics

**Quality of written English**
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Not suitable for publication unless extensively edited

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