**Author’s response to reviews**

**Title:** Effect of traditional yoga, mindfulness based cognitive therapy, and cognitive behavioral therapy, on health related quality of life: a randomized controlled trial on patients on sick leave because of burnout

**Authors:**
Astrid Grensman (astrid.grensman@ki.se;astrid.grensman@gmail.com)
Bikash Acharya (bikash.dev.acharya@ki.se)
Per Wändell (per.wandell@ki.se)
Gunnar Nilsson (gunnar.nilsson@sll.se)
Torkel Falkenberg (torkel.falkenberg@ki.se)
Örjan Sundin (orjan.sundin@miun.se)
Sigbritt Werner (sigbritt.werner@ki.se)

**Version:** 2  **Date:** 23 Sep 2017

**Author’s response to reviews:**

Responses to reviewers

Reviewer reports:

Karen Mustian (Reviewer 1): Authors have made fairly good explanations, clarified most of the concerned issues, and corrected some typos and errors. The only part that still could use a little more clarification is the first comment: the "Background" section. They were asked to specify the style of the yoga and summarize the findings from current literature. They added more specific information on mental health outcome in different clinical population.

1.) But they still did not specify the styles of yoga.
Authors’ comments: Yes, we agree. Revision made: We have added extra text in the background section page 5, line 10 and onwards, to clarify and to specify styles of yoga.

They do have a sentence stated as "A recent systemtic review showed that most yoga styles had the same porportion of positive conclusions, indciating that different yoga styles might have similar effects [39]." though. However, there are 3 typos: systematic, proportion, indicating, in that sentence.

2.) There are more typos even in the current revised version. Authors need to proof reading the manuscript extensively.

Authors’ comments: Yes, we agree. Revision made: We have now proof read the manuscript.