Reviewer’s report

Title: Evaluation of the Feasibility, Acceptability, and Effectiveness of a Clinical Yoga Program for Veterans: Yoga via Telehealth Provides Comparable Satisfaction and Health Improvements to In-Person Yoga

Version: 1 Date: 21 Feb 2017

Reviewer: Barbara Humberstone

Reviewer's report:

Thank you for addressing my comments. It is difficult to submit a paper which edges into a different epistemological position from the traditional medical model which expects Controlled trials. There is much discussion currently about the credibility of interpretative research as to its value in understanding participants and their perceptions of wellbeing which takes seriously the responses of the participants and does not need a control group. Subjective wellbeing is extremely relevant and I feel that you have come some way to showing that yoga does increase the subjective wellbeing of these participants. Yoga is not a drug so RCT seem to me to be irrelevant. The importance of being able to improve participants sense of wellbeing through tele yoga rather than drugs is really significant and this study adds to the body of knowledge.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
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Unable to assess

Are the conclusions drawn adequately supported by the data shown?
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Yes

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Not relevant to this manuscript

Quality of written English
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