Reviewer’s report

Title: Evaluation of the Feasibility, Acceptability, and Effectiveness of a Clinical Yoga Program for Veterans: Yoga via Telehealth Provides Comparable Satisfaction and Health Improvements to In-Person Yoga

Version: 0 Date: 06 Nov 2016

Reviewer: Barbara Humberstone

Reviewer’s report:

I found the research extremely interesting and supports my own research on the impact of yoga on health and wellbeing.

As a qualitative interpretive researcher i do not see the need for 'objective' measures of improvement which you suggest is needed. It seems to me if the participant feels better and pain etc. is reduced then surely for that person according to that person in person centred treatment their wellbeing and health is improved. So i would recommend for future research interpretative approaches are undertaken to find out more about why they feel better and how best to help them to maintain this. (Avis, M. 2006).

I also do not see the need for a control group in this instance.

I am surprised that participants weren't asked to consent to taking part. This seems to me to be extremely important or have I miss understood the ethics declaration

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.
I recommend additional statistical review

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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