Reviewer's report

**Title:** Anti-obesity Effects of Yerba Mate (Ilex Paraguariensis): A randomized, double-blind, placebo-controlled clinical trial

**Version:** 4  
**Date:** 13 July 2015

**Reviewer:** Kehua Zhou

**Reviewer's report:**

The authors answered all my major concerns. Language refinement is still needed for the abstract, but I believe the quality of the written English in the main body is acceptable. One additional minor recommendation would be to add details regarding safety analyses. Specifically, I would like to recommend the following: Results of patients’ complete blood cell count, liver and kidney function tests, and vital signs were within normal ranges for both the Yerba Mate and placebo groups throughout the study,

**Level of interest:** An article of outstanding merit and interest in its field

**Quality of written English:** Acceptable

**Statistical review:** No, the manuscript does not need to be seen by a statistician.

**Declaration of competing interests:**

No competing interests exist.