Author's response to reviews

Title: Anti-obesity Effects of Yerba Mate (Ilex Paraguariensis): A randomized, double-blind, placebo-controlled clinical trial

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Author's response to reviews: see over
Cover letter

Sep. 09, 2015
Editor;
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Dear Editor;

MS: 4816177331603200
Title: Anti-obesity Effects of Yerba Mate (*Ilex Paraguariensis*): A randomized, double-blind, placebo-controlled clinical trial

Thanks for your kindness and patience.

The authors would like to thank reviewer and editors for careful review of our manuscript and providing us with their comments and suggestion to improve the quality of the manuscript. The following responses have been prepared to address all of the reviewer’s comments.

Reply to the evaluation by referees

Reviewer: Xiao Su

1. I have highlighted a few grammatical/editorial errors in yellow on page 15 as an example. In addition, last sentence in conclusion (lines 360-361) should be rephrased as no one can be certain that the effects of Yerba mate will definitely become more pronounced when combined with lifestyle modification.

Answer: Revised (Page 15, line 354-356).
Reply to the evaluation by referees

Reviewer: Kehua Zhou

Abstract

1. “in reduction body weight and fat” should be “in reducing body weight and fat”

Answer: Revised (Page 2, line 33).

2. “…per meal third per day on before breakfast…”, I could not understand the sentence

Answer: Revised (Page 2, line 40-41) (Page 5, line 167)

Method

1. Line 123 “and not consume other functional foods…” should be “but not other functional foods…”

Answer: Revised (Page 4, line 126)

2. Line 125-127 “Every 6 weeks the evaluated 126 anthropometric measurements, lipid profile, vital signs and nutrient intake, adverse events, lifestyle and to evaluated capsule compliance” is not a full sentence, please modify.

Answer: Revised (Page 4, line 128-130)

Subjects

1. Line 137 “and were” should be “were”

Answer: Revised (Page 4, line 140)
We appreciate the comments from the reviewer. Thank you for reviewing our manuscript.

Sincerely,

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