Author's response to reviews

Title: Can red yeast rice and olive extract improve lipid profile and cardiovascular risk in metabolic syndrome? A double blind, placebo controlled randomized trial.

Authors:

veronique verhoeven (veronique.verhoeven@ua.ac.be)
anastasia van der auwera (anastasia.vanderauwera@ua.ac.be)
luc van gaal (luc.vangaal@uza.be)
roy remmen (roy.remmen@ua.ac.be)
sandra apers (sandra.apers@ua.ac.be)
michel stalpaert (michel.stalpaert@aml-lab.be)
johan wens (johan.wens@ua.ac.be)
nina hermans (nina.hermans@ua.ac.be)

Version: 4 Date: 11 November 2014

Author's response to reviews: see over
Dear Editor,

We would like to submit our paper entitled “Can red yeast rice and olive extract improve lipid profile and cardiovascular risk in metabolic syndrome? A double blind, placebo controlled randomized trial”.

Our earlier paper on the effect of red rice supplements, published in BMC complement altern med in 2013, was highly accessed. In this new paper we focus on the possible effects of red rice and olive extract on the growing group of patients with metabolic syndrome. We examine both routine parameters of lipid status and more experimental parameters of oxidative stress.

Furthermore, we did a thorough caracterisation of the study product (the lack of caracterisation was a limitation in our previous study).

We think our paper can be of interest to a broad spectrum of health care providers.

Please let us know if you need any further information.

Best regards,

Veronique Verhoeven,

On behalf of all co-authors.