Reviewer’s report

**Title:** Effects of Aerobic and Resistance Exercises on Circulating Apelin-12 and Apelin-36 Concentrations in Obese Middle-Aged Women: A Randomized Controlled Trial

**Version:** 1 **Date:** 22 Dec 2018

**Reviewer:** Zuzanna Goluch

**Reviewer's report:**

I accept amendments and additions to the manuscript. Thank you for the diligence.

**Are the methods appropriate and well described?**
If not, please specify what is required in your comments to the authors.

Yes

**Does the work include the necessary controls?**
If not, please specify which controls are required in your comments to the authors.

Yes

**Are the conclusions drawn adequately supported by the data shown?**
If not, please explain in your comments to the authors.

Yes

**Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?**
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

**Quality of written English**
Please indicate the quality of language in the manuscript:

Acceptable

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