Reviewer’s report

**Title:** Effects of Aerobic and Resistance Exercises on Circulating Apelin-12 and Apelin-36 Concentrations in Obese Middle-Aged Women: A Randomized Controlled Trial

**Version:** 1  **Date:** 18 Jan 2019

**Reviewer:** Mashael Alshaikh

**Reviewer's report:**

The authors have addressed all of the comments and I recommend to accept the paper.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

**Quality of written English**
Please indicate the quality of language in the manuscript:

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