Reviewer’s report

Title: "The Importance of Awareness, Support and Inner Strength to Balance Everyday Life" - A qualitative study about women's experiences of a workplace health promotion program in Human service organizations in Sweden.

Version: 1 Date: 05 Nov 2018

Reviewer: Nicola Magnavita

Reviewer's report:

The manuscript has been improved after the revision

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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