Reviewer’s report

Title: "The Importance of Awareness, Support and Inner Strength to Balance Everyday Life" - A qualitative study about women's experiences of a workplace health promotion program in Human service organizations in Sweden.

Version: 0 Date: 23 Jul 2018

Reviewer: Reviewer 2

Reviewer's report:

PEER REVIEWER COMMENTS: To view the full report from the academic peer reviewer, please see the attached file.

REVIEWER COMMENTS FROM REPORT: The authors are addressing a critical problem of personal well being that has the potential to lead to an increase in burnout.

REQUESTED REVISIONS:

While the manuscript presents a program called BELE that has the potential to improve female workers' personal well being, the excessive length of the manuscript impacts negatively on its presentation of the benefits of the BELE program. The introduction and discussion should be shortened.

Too many papers are cited; more references are included than the number of patients that were studied.

Removing some of the references will result in a shortening of the discussion.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes
Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

Not relevant to this manuscript

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

Declaration of competing interests
Please complete a declaration of competing interests, considering the following questions:

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