Reviewer’s report

Title: Mindfulness and compassion-oriented practices at work reduce distress and enhance self-care of palliative care teams: a mixed-method evaluation of an „on the job” program

Version: 3 Date: 19 Jun 2017

Reviewer: Mary Vachon

Reviewer’s report:

I feel this is a very important study which should be published as quickly as possible. The article is important for showing the way in which mindfulness and compassion meditation techniques can increase self-compassion and compassion for others, resilience, improve patient and family care and team dynamics, I think this article is important to further the development of successful interventions in palliative care and with other health care staff.

It is exciting to see the evidence of successful interventions beginning to accumulate showing ways in which caregivers can incorporate these techniques into the personal and professional lives.

There are a few minor issues which I have noticed:

Ref 51 does not have the year of publication listed

P 12, line 50 "Hereby", I would suggest "In this process"

P 14, line 35 "meaning picture", do the authors mean "movie picture"

P 14, line 29 "visited" the course. I think it would be more appropriate to say participated in the course regularly

I don't see ref 59 (Mohr et al listed) until p. 19 after reference is made to ref 69

P 19 Line 11 reference number for Singer

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes
Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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