Reviewer’s report

Title: Mindfulness and compassion-oriented practices at work reduce distress and enhance self-care of palliative care teams: a mixed-method evaluation of an „on the job” program

Version: 2 Date: 12 Mar 2017

Reviewer: Mary Vachon

Reviewer’s report:

I think this is an excellent article which will prove to be an important addition to the field. I think it is ready for publication with attention to the issues noted below:

Some typos

I don’t see reference 38 referred to in the text

p. 15 line 15 all self report measures are contained in table 4. I think they mean table 5

p 15 Line 19-21. Line 50 As I pointed out before, I read table 5 as saying that Personal Accomplishment increased after the intervention which is what would be expected. The text reads "...significant reductions in...two burnout components (exhaustion and personal accomplishment) could be found after training" As I read Table 5 exhaustion went from 14.85 to 11.29 and Personal Accomplishment went from 39.27 to 41.22. I read that as an improvement which I would hope to see with the intervention. The abstract correctly says "Significant improvements were found in two of the three burnout items"

The increase in "joy" on the PSQ increased significantly from .65 to .73 (.033) yet the text says "Regarding stress, the total score as well as the four subscales were significantly reduced after the intervention" line 25-26.

Line 57. The Abstract mentions improvement in "joy at work" but the PSQ is measuring general joy. Should that not be acknowledged?

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes
Are the conclusions drawn adequately supported by the data shown?  
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?  
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

Quality of written English  
Please indicate the quality of language in the manuscript:

Acceptable

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