Reviewer’s report

Title: Whole body vibration exercise improves functional parameters of individuals with metabolic syndrome: an exploratory study.

Version: 1 Date: 26 Oct 2018

Reviewer: Darryl J Cochrane

Reviewer’s report:

Thank you for your response and amendments. It would have been helpful if track changes were used to highlight the changes and the manuscript requires grammar change with careful reading.

Pg 3 ln 9-12 - practice features twice in the sentence and should be rewritten

Pg 3 ln 14 as indicated previously "The whole-vibration exercise" should be reworded throughout the entire manuscript

Pg 3 ln 17 can be - is used in the same sentence

Pg 3 ln 24 Mets - this requires full spelling with its abbreviation, which is different to the following text of MetS in the manuscript

Pg 3 ln 22-34 - there are a lot grammatical errors that need amending.

Pg3 ln 44 interpassed replace with followed

Pg 4 ln 1 change 'on' to 'in'

Pg 4 ln 14 delete 'on the' with 'in'

replace 'subjects' with participants throughout the entire manuscript

delete WBV 'exercises' from the entire manuscript

The entire manuscript requires thorough proof-reading as there are a still number of grammatical errors

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.
No

**Are the conclusions drawn adequately supported by the data shown?**  
If not, please explain in your comments to the authors.

Yes

**Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?**  
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

**Quality of written English**  
Please indicate the quality of language in the manuscript:

Needs some language corrections before being published

**Declaration of competing interests**  
Please complete a declaration of competing interests, considering the following questions:

1. Have you in the past five years received reimbursements, fees, funding, or salary from an organisation that may in any way gain or lose financially from the publication of this manuscript, either now or in the future?

2. Do you hold any stocks or shares in an organisation that may in any way gain or lose financially from the publication of this manuscript, either now or in the future?

3. Do you hold or are you currently applying for any patents relating to the content of the manuscript?

4. Have you received reimbursements, fees, funding, or salary from an organization that holds or has applied for patents relating to the content of the manuscript?

5. Do you have any other financial competing interests?

6. Do you have any non-financial competing interests in relation to this paper?

If you can answer no to all of the above, write 'I declare that I have no competing interests' below. If your reply is yes to any, please give details below.

I declare that I have no competing interests

I agree to the open peer review policy of the journal. I understand that my name will be included on my report to the authors and, if the manuscript is accepted for publication, my named report
including any attachments I upload will be posted on the website along with the authors' responses. I agree for my report to be made available under an Open Access Creative Commons CC-BY license (http://creativecommons.org/licenses/by/4.0/). I understand that any comments which I do not wish to be included in my named report can be included as confidential comments to the editors, which will not be published.

I agree to the open peer review policy of the journal