Author’s response to reviews

Title: Whole body vibration exercise improves functional parameters of individuals with metabolic syndrome: an exploratory study.

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Point-by-point response letter

Editor Comments:

1) Please remove the sentence ‘Research Ethics Committee with the number CAAE 54981315.6.0000.5259’ from the abstract. We did it.
2) Please include the date of registration of the trial along with the registration number.
   We did it.

3) Please redo the Declarations section as outlined in our Submission Guidelines
   (https://bmcendocrdisord.biomedcentral.com/submission-guidelines/preparing-your-
   manuscript/research-article#declarations). In particular, ensure that all sections are
   included and completed with the correct headings. We did it.

4) Please remove the statement in the “Consent for publication” regarding patients signing
   the consent form and move this to the section “Ethics approval and consent to participate”.
   We did it.

5) Under the heading “Consent for publication”, please confirm that the individual in
   Figures 2 and 3 gave written informed consent for their images to be used in this
   publication.
   We did it.

6) Please remove the figure titles embedded within the figures and re-upload the corrected
   versions. All figure titles/legends should be placed at the end of the main manuscript,
   after the References, and not within any of the figure files. Please upload each Figure and
   Table individually, as separate files.
   We did it.

7) You have included the tables in the main text and have also uploaded them as separate
   files. Please ensure that tables are only included once to prevent duplication.
   We only uploaded the tables as separate files in this new version.

8) Please clarify or correct the sentence in the statistical analysis section, lines 307-308
   “Values are expressed as mean ± SD in the text, and as mean ± standard error (SE) in the
   figures”. No data is being shown in the figures and mean ± SD is being reported in the
   tables.
   We corrected the sentence.

9) Unfortunately, there are still some minor language issues throughout the manuscript.
   Please ensure that you have thoroughly checked your manuscript for any other language
   errors. We recommend that you ask a native English speaking colleague to help you copy
   edit the paper. If this is not possible, you may need to use a professional language editing
   service. Use of an editing service is neither a requirement nor a guarantee of acceptance
   for publication.
This new version was reviewed by a professional language editing service and we requested for a native English speaking colleague to help us.

Darryl J Cochrane (Reviewer 1): Thank you for your response and amendments. It would have been helpful if track changes were used to highlight the changes and the manuscript requires grammar change with careful reading.

Pg 3 ln 9-12 - practice features twice in the sentence and should be rewritten. We did it.

Pg 3 ln 14 as indicated previously "The whole-vibration exercise" should be reworded throughout the entire manuscript

We did it.

Pg 3 ln 17 can be - is used in the same sentence

We corrected it.

Pg 3 ln 24 Mets - this requires full spelling with its abbreviation, which is different to the following text of MetS in the manuscript

We corrected it.

Pg 3 ln 22-34 - there are a lot grammatical errors that need amending.

We corrected it.

Pg 3 ln 44 interpassed replace with followed

We corrected it.

Pg 4 ln 1 change 'on' to 'in'

We corrected it.

Pg 4 ln 14 delete 'on the' with 'in'

We corrected it.

replace 'subjects' with participants throughout the entire manuscript

We corrected it.

delete WBV 'exercises' from the entire manuscript
We did it.

The entire manuscript requires thorough proof-reading as there are a still number of grammatical errors.

This new version was reviewed by a professional language editing service and we requested for a native English speaking colleague to help us.