**Reviewer's report**

**Title:** Switching from glargine+insulin aspart to glargine+insulin aspart 30 before breakfast combined with exercise after dinner and dividing meals for the treatment of type 2 diabetes patients with poor glucose control - A prospective cohort study

**Version:** 1  **Date:** 27 Jul 2018

**Reviewer:** Vincenzo Nicastro

**Reviewer's report:**

Dear Dr. Jing Li,

I am afraid to tell you that despite the major changes that have been made to the research paper, my concerns about the inconsistencies of the study still persist.

The significant difference between the treatment group and control is predictable and does not add anything new to current knowledge in the field.

Kind regards

Vincenzo Nicastro

**Are the methods appropriate and well described?**

If not, please specify what is required in your comments to the authors.

Yes

**Does the work include the necessary controls?**

If not, please specify which controls are required in your comments to the authors.

No

**Are the conclusions drawn adequately supported by the data shown?**

If not, please explain in your comments to the authors.

Unable to assess
Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?

If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

Not relevant to this manuscript

Quality of written English

Please indicate the quality of language in the manuscript:

Acceptable

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