Author's response to reviews

Title: Poor sleep quality is associated with increased arterial stiffness in Japanese patients with type 2 diabetes mellitus

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Response to Reviewer 2 comments:

We thank the reviewer for evaluating our manuscript. The following text describes our response to the valuable comments made by the reviewer. All changes made in the text are highlighted in underline and red color.

1. Please revise the column headings in Table 2 and Table 3 from "est" "Est1etc" to be text that makes more sense to the reader. A suggestion would be "unadjusted" instead of "Est" then "Model 1" instead of Est1, Model 2 etc.

Thank you for your comment. We revised the column headings in Table 2 and Table 3.

2. Please revise the title of Table 3 to include "results of regression models" to improve clarity re which results are presented here

Thank you for your comment. We included “results of regression models”

3. Please report HbA1c in SI units of mmol/mol (dual reporting would be acceptable if preferred)

Thank you for your comment. We reported the HbA1c in SI units.

4. Some minor changes to English language are suggested as follows:
   - abstract line 61, delete "group" after "sleep quality"
   - background line 70, suggest replace "problems" with "factors"

Thank you for your comments. We corrected them.