Reviewer's report

Title: Living with type 1 diabetes is challenging for Zambian adolescents: qualitative data on ways of coping, stress, stigma and quality of life

Version: 2  Date: 18 November 2014

Reviewer: R.A.C. Ruiter

Reviewer's report:

Just a few lines that I believe the paper discusses an important large parts of the introduction, method and discussion section are well written. However, the abstract and results sections need to be rewritten to provide more structure to the reader. A focus on the abstract only:

- does the paper intend to find sources of stress and also coping strategies, stigma and QoL; or are the last three considered sources of stress? I quess the sources of all four are investigated
- how is stress defined; what are indices of stress in this disease and target population?
- is poor nutrition affect quality of health care?
- findings presented in the discussion are not in the results section.
- overall, more structure is needed. Figure 1 is helpful in this respect but does it list many more factors than explored.? Still the result section can be more structured, maybe more in line with the figure?