Reviewer’s report

Title: The Application of Enhanced Recovery after Surgery for Upper Gastrointestinal Surgery: Meta-Analysis

Version: 0 Date: 02 Sep 2019

Reviewer: Giovanni Domenico Tebala

Reviewer's report:

Very interesting meta-analysis, worth of publication.

I have only two observations and suggestions that may help improve the quality of your work.

1. I noticed you included different kinds of studies in you meta-analysis. While this improves the pooled data by increasing the sample size, it adds an element of heterogeneity. For instance, pooling together studies on gastric resection for cancer with studies on sleeve gastrectomy for obesity doesn't sound fine. Would you please add a paragraph to explain this weakness of your meta-analysis?

2. including only studies in English would introduce a linguistic bias. It has been demonstrated that including also other languages studies to a meta-analysis may change the results in up to 15% of cases. Would you please explain why you chose to select only English-language studies and in case highlight this as a limitation of the meta-analysis?

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes
Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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