Reviewer's report

Title: The Effect of Manual Therapy and Stabilizing Exercises on Forward Head and Rounded Shoulder Postures: a six-week intervention with a one-month follow-up study

Version: 2 Date: 12 Nov 2018

Reviewer: Se Yeon Park

Reviewer's report:

Please include all comments for the authors in this box rather than uploading your report as an attachment. Please only upload as attachments annotated versions of manuscripts, graphs, supporting materials or other aspects of your report which cannot be included in a text format. Please overwrite this text when adding your comments to the authors.

Comments to the Author
Thank you so much for giving me the opportunity to review your study.
I have given my comments and suggestions. I hope this is clear and the authors might benefit from it.
Specific Comments;

Methods
Page 6, 122th line: "werer" is adequate word?
Page 7, 150th line: VAS score were around 5 point in baseline measurement. It is questionable that the subjects didn't take any pills for reducing the pain.
Page 8, 167th line: Would you please know us the unit of the measurement variable "PILE"?, (time or score etc..)
Page 8, 177th line: Is there any normative value of the FSA or FHA? If it is present, it might be benefit for suggesting the value and comparing measured value of the present study.
Page 8, 10th line: Why didn't author describe the direction or intensity of the manual therapy intervention for neck region?

Results
Page 11, 235th line: Suggesting the normal distribution of the data might be appropriate.
Page 11, 235th line: There were no measured mean data in this study, but exist the mean differences. Absence of the mean data of the VAS might be OK. However, Functional endurance mean data and posture measuring mean data is necessary, because the values were not general variables.
Page 11, 235th line: In method, authors describe the performance of the power analysis. Then it would be appropriate for suggesting effect size of the statics in results section.
DISCUSSION
Page 13, 296th line: SE group performed the exercises inducing scapular protraction as well as retraction. Why author describe the middle part of trapezius does not have any role to upwardly rotate the scapula?
The study of the "Inman et al (1944)" is the major scientific evidence related to shoulder kinesiology. However, there are many recent kinematic researches and electromyography researches related to shoulder joint.

Did the Gong (2015) measure EMG activity? In my opinion, reference of the reference is not appropriate. There are many similar examples in this study.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

No

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

No

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I recommend additional statistical review

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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