Reviewer’s report

Title: Effect of a resistance and balance exercise programme for women with osteoporosis and vertebral fracture: Study protocol for a randomized controlled trial

Version: 0 Date: 29 Jan 2018

Reviewer: Sharon Brennan-Olsen

Reviewer's report:
The authors present a study protocol for a single blinded randomized controlled trial investigating the effect of a resistance and balance exercise program in older women (aged 65 years plus) with a history of osteoporosis and history of vertebral fracture.

This is a very clear, well designed protocol. I have no queries or comments with regards to their protocol, nor the presentation of this manuscript.

Some minor points for amendment;

Although the authors highlight that adherence is of interest to them, the abstract does not reflect this.

Please amend the error on page 13, line 405: change QUALLEFFO-41 to QUALEFFO-41
DXA has been abbreviated on page 4, line 129 and abbreviated again two lines later.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Unable to assess
Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

Not relevant to this manuscript

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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I have received speaker fees from Amgen Australia.

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