Reviewer’s report

Title: Customized exercise programs implemented by physical therapists improve exercise-related self-efficacy and promote behavioral changes in elderly individuals without regular exercise: a randomized controlled trial

Version: 1 Date: 17 Jun 2019

Reviewer: Anil Sah

Reviewer's report:

Author has properly replied to reviewer comment.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
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Yes

Are the conclusions drawn adequately supported by the data shown?
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Yes

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Acceptable
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