Reviewer's report

Title: Customized exercise programs implemented by physical therapists improve exercise-related self-efficacy and promote behavioral changes in elderly individuals without regular exercise: a randomized controlled trial

Version: 1 Date: 11 Jun 2019

Reviewer: Navin Kumar Devaraj

Reviewer's report:

Thank you for addressing all the comments. Well done and hope your team will continue to write more excellent articles

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

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I am able to assess the statistics

Quality of written English
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