Author’s response to reviews

Title: Customized exercise programs implemented by physical therapists improve exercise-related self-efficacy and promote behavioral changes in elderly individuals without regular exercise: a randomized controlled trial

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Author’s response to reviews:

[24th June 2019]

Dear Editor:

Thank you very much for reviewing our manuscript and offering valuable advice.

We hope that our edits and responses below satisfactorily address all the issues and concerns you have noted.

I hope that the revised paper is now more suitable for publication in BMC Public Health.

Yours sincerely,

Takashi Wada (t.wada@tottori-u.ac.jp)
Response to Editor

1. Comments from editor:

1. Trial Registration

Once you know your trial registration number, please submit a revised version of your manuscript with the number and date of registration included in the abstract. The last section of the abstract should be Trial Registration: listing the trial registry and the unique identifying number, e.g. Trial registration: Current Controlled Trials ISRCTN73824458, as well as the date of registration. Please note that there should be no space between the letters and numbers of the trial registration number. If registration took place after the first participant was enrolled, please state also “Retrospectively registered” at the end of this section.

Response:

Thank you for your comments. We added the date of registration (page 4, lines 49).

2. Comments from editor:

2. Administrative Permission

As patient record data is not publically available please state any administrative permissions obtained to access the data under methods.

Response:

Thank you for your comments. We have added text about administrative permission (page 7, lines 109–111).

3. Comments from editor:

3. Additional Files

Please remove the CONSORT checklist from your file inventory as this has been checked and is not required at this stage in the editorial process.

-- Please remove any additional files you do not wish to publish.

Response:

Thank you for your comments. We removed the CONSORT checklist.
4. Comments from editor:

4. Clean Manuscript

At this stage, please upload your manuscript as a single, final, clean version that does not contain any tracked changes, comments, highlights, strikethroughs or text in different colors. All relevant tables/figures/additional files should also be clean versions. Figures (and additional files) should remain uploaded as separate files. Please ensure that all figures, tables and additional-supplementary files are cited within the text.

Response:

Thank you for your comments. We uploaded our final manuscript.