Author's response to reviews

Title: The need to modify physical activity messages to better speak to older African American women: a pilot study

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Author's response to reviews: see over
Response Letter:

MS: 1083729414166126.
The need to modify physical activity messages to better speak to older African American women: a pilot study

We have revised the manuscript in accordance with the concerns raised by the Editor. All the comments made by the Editor were followed. The revisions are highlighted in red in the revised submission. We would like to express our appreciation for the time and effort put in by the editor. The comments and suggestions have improved the quality of the manuscript.

Editor’s Comments

The authors have addressed most of the reviewers’ comments and recommendations. However, there are a few minor changes that still need to be addressed:

Comment: Background - Paragraph 1: Do not use etc.
Response: We appreciate the comment and have followed the editor’s suggestion. We removed the “etc.” from the manuscript.

Comment: Background - Please add references to support the statements made in the last few sentences of this paragraph.
Response: We appreciate the comment and we have followed the editor’s suggestion. We added references to support our statements as advised (i.e. references 6 to 10 in the revised manuscript).

Comment: Background - Please provide a reference to support the statement: African Americans have singular identity… Events in this country.
Response: We appreciate the comment and we have followed the editor’s suggestion. We added references to support our statement (i.e. references 24 to 26 in the revised manuscript).

Comment: Results - When adding age and PA status, please add “years” after the age. This will help the reader to understand what the numbers mean.
Response: We appreciate the comment and we have followed the editor’s suggestion.
Comment: Results - I would like to support reviewer’s 2 requests for a table summarizing the main themes. The authors should add this table and where possible relate to the material being discussed. This table can also serve as an overall summary of the main findings.

Response: We appreciate the comment and we have followed the editor’s suggestion. We have created a summary table with the themes that emerged from the focus group discussions and we have also included sample quotes. Furthermore, we refer to the summary table in the document whenever appropriate.