Author’s response to reviews

Title: The impact of depression and anxiety treatment on biological aging and metabolic stress: study protocol of the MOod Treatment with Antidepressants or Running (MOTAR) study

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Author’s response to reviews:

Concerns: Revision of manuscript (BPSY-D-19-00468): The impact of depression and anxiety treatment on biological aging and metabolic stress: study protocol of the MOod Treatment with Antidepressants or Running (MOTAR) study, by Lever-van Milligen et al.

Date: December 6th, 2019

Dear Mrs. McMillan,

We are pleased that you potentially accepted our manuscript “The impact of depression and anxiety treatment on biological aging and metabolic stress: study protocol of the MOod Treatment with Antidepressants or Running (MOTAR) intervention” (BPSY-D-19-00468).
We addressed all points raised by the you and revised the manuscript accordingly. We would appreciate your consideration of this manuscript for definitive publication in BMC Psychiatry. Should you have any questions, please feel free to contact the corresponding author.

Yours sincerely,
B.A. Lever-van Milligen, Msc

Response to the editor

1. Please move your 'Declarations' and 'Abbreviations' to after the 'Discussion', before the references.

Author’s reply:
We thank the editor for potentially accepting this manuscript and we changed the comments of the editor accordingly. We moved ‘Declarations’ and ‘Abbrevations’ to after the Discussion, before the references.

2. Thank you for providing the Trial Registration Number (TRN) in your abstract. Please also include the date of registration in this section. If the date of registration is after the date that the first participant was recruited, please also state ‘retrospectively registered’.

Author’s reply:
The date of registration in the Trial Register was added to the abstract (May 2012). The registration was performed before including first participant.

3. Please make sure the abstract contains only the following headings: Background, Methods, Discussion, Trial Registration.

Author’s reply:
We removed the word ‘design’ as heading in the abstract. De headings included Background, Methods, Discussion and Trial Registration.

4. The specific individual contributions of ALL authors to the manuscript should be specified in the Authors’ Contributions section. Guidance and criteria for authorship can be found here: http://www.biomedcentral.com/submissions/editorial-policies#authorship
Currently, you are missing the contributions of all authors other than Bianca Lever-van Milligen, Josine Verhoeven and Brenda Penninx.

Author’s reply:
We extended the author’s contribution part into: ‘BP designed and got funding for the study. PO, DS, AB, NM, LM contributed to the conception of the study. BL coordinated the recruitment of patients and the data collection. LS, DR, CB, LH, and MH helped conducting the study. BL and JV drafted the first manuscript. PO, DS, AB, NM, LM, LS, DR, CB, LH, and MH commented on the manuscript. All authors read and approved the last version of the manuscript.’

5. Please ensure that all figures/tables and supplementary files are cited within the main text (this does not include the declarations). Any items which are not cited may be deleted by our production department upon publication. If you wish to publish the document title 'Overview biology MOTAR' with your manuscript, please ensure it is cited.
Author’s reply:
We thank the editor for pointing out the missing citation of a supplementary table. However, we decided not to include this table into the manuscript since most information is included in Table 1. We removed the file ’Overview biology MOTAR’.

6. Please remove the consent form, protocol version document, and SPIRIT checklist from the end of your manuscript file as these are no longer needed in the publication process.

Author’s reply:
The following documents are removed: informed consent, protocol version, SPIRIT checklist.

7. At this stage, please upload your manuscript as a single, clean version that does not contain any tracked changes, comments, highlights, strikethroughs or text in different colours. All relevant tables/figures/additional files should also be clean versions. Figures (and additional files) should remain uploaded as separate files.

Author’s reply:
We will upload a clean version of the manuscript with separated