Author's response to reviews

Title: Effects of mental health self-efficacy on outcomes of a mobile phone and web intervention for mild-to-moderate depression, anxiety and stress: Secondary analysis of a randomised controlled trial

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Version: 3
Date: 4 September 2014

Author's response to reviews: see over
Dear Mr Chua

We thank the Editor and Reviewers 1 and 2 for their positive response to the revisions of our manuscript.

We have now addressed the editorial comments as follows:

1. “Please include email addresses and institutional details for all authors on your title page.”

Email and institutional details for all authors have been provided on the title page.

2. “Please format your article according to our guidelines, in particular, please can you group the methods for both studies together in one methods section, as well as the results for both studies and discussion together”.

We have now combined the methods, results and discussion for the two studies in one Methods section (commencing line 151), one Results section (commencing line 257) and one Discussion section (commencing line 325).

3. Please can you clarify ethics committee approval and the consent procedure for the studies in your method section.

We have added the following statement to the Methods section (line 155):

“For both studies, written consent was provided by study participants and ethical approval was obtained from the Human Research Ethics Committee at UNSW Australia (The University of New South Wales; HREC100019). The RCT was registered as Australian New Zealand Clinical Trials Registry ACTRN 12610000625077.”

We hope that these editorial revisions meet with your approval, and that the manuscript is now acceptable for publication in BMC Psychiatry.

Yours sincerely

Janine Clarke PhD (on behalf of the authors)