Reviewer’s report

**Title:** Nutrient Intakes and Sources of Fiber Among Children with Low and High Dietary Fiber Intake: The 2016 Feeding Infants and Toddlers Study (FITS), a Cross-sectional Survey

**Version:** 0  **Date:** 10 Jul 2019

**Reviewer:** Sibylle Kranz

**Reviewer's report:**

This is a well-written research report on an important issue that is currently understudied. Please see my comment for improvement of the manuscript below:

Line 81, if available, please add information on the causes of the under-consumption of dietary fiber in children. You might want to separate this out by age group, i.e. toddlers vs. teenagers. Although not much information is available, the reader would benefit from understanding why the chronic underconsumption of dietary fiber has deep behavioral roots and won't be resolved without targeted interventions to change intake behavior.

Line 219 in lieu of "positive" changes, I suggest the use of the word "beneficial" or "healthier".

Line 240 please add a short description of why consuming whole grains does not automatically lead to meeting 100% of the DF intake levels; i.e. the fiber content of whole grains varies greatly..

Line 254 please add one or two examples of added fibers that affected your analysis and and estimation of how much of the total DF intake to expect to be from these added fibers.

overall, is it possible to examine the data for information on which foods or intake patterns were displaced/affected by the higher DF intake? That would be a very valuable addition to this manuscript but I recognize that due to high intra-person diet variation it might not be possible to extract that information.

**Are the methods appropriate and well described?**
If not, please specify what is required in your comments to the authors.

Yes

**Does the work include the necessary controls?**
If not, please specify which controls are required in your comments to the authors.

Yes
Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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