Reviewer's report

Title: A pilot study to determine the short term effect of milk with differing glycaemic property on sleep among toddlers: A randomized controlled trial

Version: 2 Date: 18 March 2015

Reviewer: Josephat Chinawa

Reviewer's report:

Major Compulsory Revisions
Abstract
Background
Last sentence should be expunged
Methods
Is the consent written or just informed. What about consent from your hospital
Results
Sample size is small
Introduction
What is the justification for this study?
The introduction is ling and verbose
Authors should quote studies by Chinawa et al on sleep studies
b, JM Chinawa, BF Chukwu, HA Obu. Sleep practices among medical students in Pediatrics Department of University of Nigeria Teaching Hospital, Ituku/Ozalla, Enugu, Nigeria

Methods
Toddlers with underlying health complications and with continued breast feeding throughout the study period were excluded. (What are these complications
What is the components of this milk, does this component affect glycaemic control or nutritional status on some children with cow milk allergy?
Did you validate this questionnaire

Anthropometry
The children were weighed with minimum clothing to the nearest 10g (this is not ideal)
What are the sensitivities and specificities of the weighing scale and instrument the authors used to measure the height of children?
So much emphasis on actiware software

Discussion
1. First paragraph looks more like report of results than discussion
2. When the author tried to compare their studies with others, they did a simple comparison without really doing a thorough critique

(SDpooled) for two groups of size n and with means [23] x_. The effect size thus obtained was 0.32, which indicates that there is a moderate effect of the LGI product group over the HGI group, despite the modest sample size. Further studies are suggested with a larger population to affirm the trends noticed in the present study.

Are these statements really necessary? it is more like data analysis or results, not discussion.
In general, the discussion should be rewritten.

Conclusion
The conclusion is too long, this should be made succinct

References
Some of the references cited are very old
References are not uniform; some are Vancouver while some are not

Minor revisions
It is expedient to send this article to an English editing service

Level of interest: An article of limited interest

Quality of written English: Needs some language corrections before being published

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:
I declare that I have no competing interests