Reviewer’s report

Title: Mood and Quality of Life Changes in Pregnancy and Postpartum and the Effect of a Behavioral Intervention Targeting Excess Gestational Weight Gain in Women with Overweight and Obesity: A Parallel-Arm Randomized Controlled Pilot Trial

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Reviewer: Anderson Borovac-Pinheiro

Reviewer's report:

The manuscript "Mood and Quality of Life Changes in Pregnancy and Postpartum and the Effect of a Behavioral Intervention Targeting Excess Gestational Weight Gain in Women with Overweight and Obesity: A Parallel-Arm Randomized Controlled Trial" discuss and show results from a evaluation of maternal mood and quality of life during pregnancy and puerperium. It is a new knowledge that must be shared with the scientific community. Is well designed and the analysis were very well performed.

For me, the manuscript is ready for publish. Nevertheless, I have a little small suggestion. The authors could explain or try to explain why the intervention group had no differences from the controls and should analyze the two parts of intervention group (presential and phone) separately.

Than you

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
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Yes
Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

Quality of written English
Please indicate the quality of language in the manuscript:
Acceptable

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