Author’s response to reviews

Title: Mood and Quality of Life Changes in Pregnancy and Postpartum and the Effect of a Behavioral Intervention Targeting Excess Gestational Weight Gain in Women with Overweight and Obesity: A Parallel-Arm Randomized Controlled Pilot Trial

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Editorial Board, BMC Pregnancy and Childbirth:

Re: Response to manuscript PRCH-D-18-00837

Dr. Abedi,

Thank you for the comments of our manuscript titled, “Mood and Quality of Life Changes in Pregnancy and Postpartum and the Effect of a Behavioral Intervention Targeting Excess Gestational Weight Gain in Women with Overweight and Obesity: A Parallel-Arm Randomized Controlled Pilot Trial”. We hereby provide a resubmission of our manuscript and provide detailed responses to the comments including the location of the edit in the manuscript.
Editors Comments:

1. Please provide Mean ± SD for all continuous data (BMI, total income in table 1.)

Table 1 was updated to include the Mean ± SD for Enrollment BMI as height and weight were measured as part of the study (Pages 12-13). Weight and parity were also switched in the table for clarity and reading ease. Total household income is a categorical variable in this study as participants reported total household income by choosing the appropriate category rather than providing exact total household income in a self-reported questionnaire.

2. Please provide some information under table 1 regarding “Socioeconomic composite factor”.

Thank you for this suggestion. Detailed information about socioeconomic composite factor was added to the footnotes under Table 1 (Page 13).

3. Table 3: please remove all p values from this table and show significantly with any symbol and mention this symbol under the table.

Thank you for this suggestion. The p values were removed from Table 3, and detailed information about significance was added to the footnotes under Table 3 (Page 16).