Reviewer's report

Title: Antenatal mindfulness intervention to reduce depression, anxiety and stress: a pilot randomised controlled trial of the MindBabyBody program in an Australian tertiary maternity hospital

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Reviewer: Jo Jo Kim

Reviewer's report:

It appears that this manuscript is a revision reflecting incorporation of feedback from a prior round of review; therefore, I do not identify any suggested revisions. The manuscript presents pilot data that lay the groundwork for larger-scale testing of a mindfulness intervention in the perinatal population. As the authors point out, interventions such as mindfulness are appealing due to their non-pharmacological nature. In addition, women gain skills that they can use independently outside of the intervention setting.

The authors provide an honest account of the strengths & limitations of their study. Although no between-group differences are reported, the sample size is too small to expect for these differences to be observed.

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests.