Reviewer’s report

Title: Exercise prescription for patients with multiple sclerosis; Potential benefits and practical recommendations.

Version: 0 Date: 18 Aug 2016

Reviewer: Joy Parrish

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This is a nice review of information regarding exercise in patients with MS. One general comment is that there seems to be a lot of repetition and overlap with information in the different sections and it may be worthwhile to consider combining the first section (general information regarding studies) with the recommendations and outcomes information regarding specific exercises. Table 1 is confusing and does not seem necessary or offer added information. Table 2 is a bit wordy and most of the information should be included, if not already, in the text. It may be more beneficial to list, in bullet point fashion, the specific exercise, what it measures and outcomes. Table 3 is a nice brief reference and is a nice addition to the text.

There are several grammatical errors requiring more thorough editing. Specifically:

Line 100: the word "in" should be placed between result and significant

Line 105: frequently rather than frequent

Line 107: unpredictable not unpredicted

Line 108: not clear what is meant by "proceed beyond expected time- requires clarification

Line 112: change from to of and remove "of the"

Line 113-114: use commas not semi colons

Line 125: add that co morbidities are also associated with further neurologic risks (e.g., stroke, etc)

Line 126-127: remove "from any"

Line 132: remove "the"

Line 142: remove "ly" from severely and add comma after impairments

Line 154-157: this is a run on sentence that needs to be revised

Line 165: the phrase "not be induced to" is awkward
Line 186: add "been shown to have" after has and before beneficial
Line 189: add "most" before "patients with MS"
Line 204: remove period and add "and" after fitness
Line 225-227: does "affects" mean improve? and the last part of the sentence regarding men and women is unclear
Line 270-271: remove "the" prior to exercise and add "improving" balance and "reducing" falling risk
Line 318: "is" instead of "will be" and "when" instead of "for"
Line 396: change "which may be" to "such as", and "and so on" to "etc."
Line 414-416 and 420-422: somewhat repetitive and unclear
Line 441: Change "and so on" to "etc."
Line 506-507: please include reference for this statement
"programme" should be "program"

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Unable to assess

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Yes

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