Reviewer’s report

Title: PHYSICAL ACTIVITY AND FITNESS ARE ASSOCIATED WITH VERBAL MEMORY, QUALITY OF LIFE AND DEPRESSION AMONG NURSING HOME RESIDENTS: PRELIMINARY DATA OF A RANDOMIZED CONTROLLED TRIAL

Version: 1 Date: 31 Oct 2017

Reviewer: Pamela Hawranik

Reviewer's report:

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Well written manuscript that describes an important topic. The study holds important implications for memory and physical ability maintenance for older adults in long term care facilities. Building on this study, to actually implement various recreational/exercise activities to examine more closely the effects, short term and long term, on the memory and independence of older adults is now needed.

I am not sure if the limitations of the study were identified clearly. No further comments.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
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Yes

Are the conclusions drawn adequately supported by the data shown?
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Yes
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I recommend additional statistical review

Quality of written English
Please indicate the quality of language in the manuscript:
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