Author’s response to reviews

Title: A randomized controlled trial of physical activity with individual goal-setting and volunteer mentors to overcome sedentary lifestyle in older adults at risk of cognitive decline: The INDIGO trial protocol

Authors:
Kay Cox (kay.cox@uwa.edu.au)
Elizabeth Cyarto (ecyarto@rdns.com.au)
Christopher Etherton-Beer (Christopher.Etherton-beer@uwa.edu.au)
Kathryn Ellis (kellis@unimelb.edu.au)
Helman Alfonso (helman.alfonso@curtin.edu.au)
Linda Clare (l.clare@exeter.ac.uk)
Danny Liew (danny.liew@monash.edu)
David Ames (dames@unimelb.edu.au)
Leon Flicker (leon.flicker@uwa.edu.au)
Osvaldo Almeida (osvaldo.almeida@uwa.edu.au)
Dina Logiudice (dina.logiudice@mh.org.au)
Nicola Lautenschlager (nicolatl@unimelb.edu.au)

Version: 1 Date: 01 Sep 2017

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Abstract

Please remove the Research Design section from the Abstract. THIS HAS BEEN REMOVED AND TEXT INCLUDED IN THE METHODS.

If you wish to keep the description of the study design in the Abstract, please include it in the Methods section. Also, please rename the last section of the Abstract as 'Discussion'. THIS HAS BEEN RENAMED.
2. Conclusions

Following our editorial guidelines (http://bmcgeriatr.biomedcentral.com/submission-guidelines/preparing-your-manuscript/study-protocol), Study protocol articles do not feature a Conclusions section. Please remove this section header and include the last paragraph in the Discussion.

**HEADER REMOVED AND CONTENT INCLUDED IN DISCUSSION.**

3. Abbreviations

Please move the Abbreviations before the Declarations.

**MOVED AS REQUESTED.**

4. Table legends

Please remove the legends from the table files and include them in the 'Figure legends' section, and rename this header to 'Figure and table legends'.

**DELETED FROM THE TABLES AND ADDED TO THE FIGURES LEGEND WITH THE HEADER RENAMED AS REQUESTED.**