Reviewer’s report

Title: Lifestyle habits in patients with established cardiovascular diseases: A European observational study

Version: 0 Date: 26 Jan 2019

Reviewer: Sameera Ansari

Reviewer's report:

Dear Authors,
Thank you for the opportunity to review this manuscript. Here are some comments towards improving it.

ABSTRACT
Background: Suggest replacing 'describe' with 'explore' in the aim. Also, please change 'healthy habits' to 'change in lifestyle' or a similar phrase. Please make these changes throughout the manuscript.
Methods: Please replace 'interviewed' with 'assessed' and 'interview' to 'assessment' since interviewing implies qualitative methods were used for data collection. This change needs to be made throughout the manuscript.
Conclusions: Please add a sentence about the implications of the findings to this section.

BACKGROUND
Page 5, paragraph 1: Reference no.2 is from 1992, please use a recent reference to support the statistics of GP consultations and specify if that is in Europe or worldwide.
Page 5, last paragraph: The first sentence mentions studies but only one example is cited. Were there any interventions conducted in any of the countries where your study was conducted?

RESULTS
Page 9, paragraph 1: Please replace 'prevalence' with 'incidence' in the last sentence.
Tables 1 and 2: Please change 'n' to 'N' in the Males and Females columns.
Table 1: The numbers for the Age variable is lesser than the total number of participant. Is there a reason for this?
All tables: Please highlight the statistically significant scores in bold text.

DISCUSSION
This section needs to be made more robust by comparing and contrasting the findings of your study with those from other studies. Currently, it is more descriptive than analytical.
Strengths and limitations:
- The fact that findings from non-responders will remain unknown is redundant, suggest removing that part from the third sentence.
- What was the significance of your research and its findings? Please add that to this section.
Are the methods appropriate and well described?  
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?  
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?  
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?  
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

Quality of written English  
Please indicate the quality of language in the manuscript:

Needs some language corrections before being published

Declaration of competing interests  
Please complete a declaration of competing interests, considering the following questions:

1. Have you in the past five years received reimbursements, fees, funding, or salary from an organisation that may in any way gain or lose financially from the publication of this manuscript, either now or in the future?

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I declare that I have no competing interests.

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