Reviewer’s report

Title: Psychological Intervention at a Primary Health Care Center: Predictors of Success

Version: 0 Date: 10 Feb 2019

Reviewer: Marie Barais

Reviewer’s report:

The paper describes a descriptive study on the predictors of success related to psychological intervention in a single primary health care center in the north of Portugal. The term "client" should be replaced by "patient" throughout the text. The study seems to be well conducted, and is based on a high number of patients. But several elements need to be modify.

Abstract

Some elements are lacking in the abstract: it does not summarize the method and should describe the different step with key terms.

Introduction

The introduction is easy to read, with an appropriate length. Nevertheless, the authors should focus on the description of the Portuguese background, which is totally different from other European context (e.g in France where consultation with psychologist are not reimbursed and cost 40 to 70 € per session…). What is the added value of this study compare to the studies cited in the discussion? What is the audience of this study: the psychologist or the GP? The references n°19 to n°29 are cited but are not explained with the problematic of this new study.

Method

It is not clear if the data were collected pro or retrospectively. I was surprised that the children were included in the sample participants as they were just mentioned once in the introduction.

Results
Table 2 is not clear and at the end of a page and divided into two parts. The results are well described.

Discussion

The discussion should begin with a summary of the main results (line 19 page 10 is an appropriate one, but it is too far in the discussion section). Each predictor is well discussed. But at the end of the article, I am still looking for the main message under these predictors. What are the authors’ recommendations after this study?

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Unable to assess

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I recommend additional statistical review

Quality of written English
Please indicate the quality of language in the manuscript:

Needs some language corrections before being published

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