Author’s response to reviews

Title: Hierarchies of Evidence Applied to Lifestyle Medicine (HEALM): Introduction of a strength-of-evidence approach based on a methodological systematic review

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Author’s response to reviews:

Dear Editors,

Below are the point-by-point responses to your most recent feedback.

1. Please indicate the corresponding author on the title page. Ensure that the email address of the corresponding author is the same on the title page as in the submission system.

The corresponding author will be Micaela Karlsen, and this has been added to the title page below the list of authors. MK is also listed as corresponding author in the submission system.

2. Please move the Keywords to come after the Abstract.

The Keywords have been moved to come after the Abstract.

3. Please move the Declarations to come after the References.

The Declarations have been moved to come after the References.
4. Please format your abstract into the following sections: Background, Methods, Results and Conclusions. Please remove all other sections from the abstract.

The abstract has been formatted into these sections.

5. Please remove any additional files not intended for publication.

The cover letter, previous responses to reviewers, PRISMA checklist, and material not intended for publication have been removed. Only the paper and Figure 1 remain.

6. At this stage, please upload your manuscript as a single, final, clean version that does not contain any tracked changes, comments, highlights, strikethroughs or text in different colours. All relevant tables/figures/additional files should also be clean versions.

This has been done.

Finally - we had exchanged emails about potentially changing the corresponding author, but we have decided to leave me (Micaela Karlsen) as corresponding. David Katz remains first author. Sorry for the back-and-forth. The corresponding author is noted on both the title page and in the submission system.

Thank you for your review!