Reviewer’s report

Title: Whole grain food diet slightly reduces cardiovascular risks in obese/overweight adults: a systematic review and meta-analysis

Version: 2 Date: 03 Dec 2019

Reviewer: Harshal Waghulde

Reviewer's report:

The authors have made necessary corrections to the manuscript. I have no further comments.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
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Yes

Are the conclusions drawn adequately supported by the data shown?
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Yes

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I am able to assess the statistics

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