Reviewer’s report

Title: Long-term effects on cardiovascular risk of a structured multidisciplinary lifestyle program in clinical practice

Version: 0 Date: 04 Feb 2018

Reviewer: İhsan Alur

Reviewer's report:

Dear Authors,

Manuscript Number BCAR-D-18-00027 entitled "Long-term effects on cardiovascular risk of a structured multidisciplinary lifestyle program in clinical practice" has been reviewed.

First of all I want to thank the writers of this article for their planning and performed such important investigation.

I have read this study and here are my ideas and thoughts about it:

1. The "Introduction" section is too long. There is no such thing as unnecessary literature knowledge.

2. The 1 year results of the individuals taken into the study are given as "Long term results". However, it would have been better if the results were 5 years or even 10 years.

3. The 'Reference' section of the article should be written in the 'Word' format and should be rearranged according to the journal’s writing rules.

My comments are included at the bottom of this letter

Unfortunately The Manuscript does not contain new and significant information to justify publication. In my opinion, it did not worth publishing in our journal and I am sorry to have to inform you that it has not received enough priority to warrant a publication. You will appreciate that we receive a high number of manuscripts each year, and cannot accept every one which is submitted to us.

Sincerely.
Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

No

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

No

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I recommend additional statistical review

Quality of written English
Please indicate the quality of language in the manuscript:

Needs some language corrections before being published

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