Reviewer's report

Title: Long-term effects on cardiovascular risk of a structured multidisciplinary lifestyle program in clinical practice

Version: 0 Date: 24 Jan 2018

Reviewer: Emiliano Angeloni

Reviewer's report:

Excellent study design with important clinical results. Despite that, the topic of lifestyle changes is not novel.

Maybe a cost-effectiveness analysis of such structured program could be interesting, in order to optimize resources and outcomes.

In addition, I'm very astonished by the fact that among 100 pts, none of them needed to change type and/or dosage of medical therapy during the study period.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Unable to assess

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

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I am able to assess the statistics
Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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None.

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