Author’s response to reviews

Title: Primary Care-Based Educational Interventions to Decrease Risk Factors for Metabolic Syndrome for Adults with Serious Mental Illness: A Systematic Review

Authors:

Cynthia H Nover (cindynover@gmail.com)
Sarah S Jackson (sarah_s_jackson@yahoo.com)

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Author’s response to reviews:

Editorial requests:
1. Competing interests section was added
2. Acknowledgement section was added
3. Authors contributions section was added

Reviewer: Gary Cooney

Major revisions:
• Regarding the definition of “serious mental illness,” the authors determined that there is no consistent definition in the literature that is useful in this study. As such, concerns about the definition of serious mental illness are addressed in the revision with the following changes:
  o Examples of serious mental illness are provided in Background section, as modeled in Cabassa text
  o elimination of anxiety and PTSD as examples of serious mental illness
  o instances of the use of the term “serious mental illness” were decreased throughout the text and replaced with “major psychotic” and/or “affective/mood disorders”
  o DSM-V codes were added to the description of various illnesses in the Inclusion and Exclusion Criteria section

Minor revisions
• Contents of Table 1 were edited to provide correct information

Reviewer: Rohan Ganguli

Major revisions:
• Regarding the treatment of individuals with mental illnesses in primary care, more information was added for clarification, including:
  o Citations about mental illnesses other than major depressive disorder
  o A sentence about the lack of integrated behavioral health and primary care in the U.S. The fragmented mental health and primary care system in the U.S. does
not ensure that those individuals linked with mental health care receive physical health care

• Regarding weight management studies in primary care, a sentence and citations were added about the efficacy of such programs in the primary care setting