Reviewer’s report

Title: Patterns of weight loss and supplement consumption of male wrestlers in Tehran

Version: 2 Date: 25 August 2010

Reviewer number: 3

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Major compulsory revisions:
1. Your definition for rapid and gradual weight loss is not sufficient. The rate (% loss/ week) is also important to justify the side effects that you mentioned. Please show the average weight loss % / week of wrestlers using rapid and gradual methods. The rate of weight loss should also be mentioned for those (25% of all subject) who suffered from the side effects stated. (p11 line3)

2. Do you mean that by employing more fat reduction methods the athlete will lose more weight or fat? (p10 line16). It should be depend on the effectiveness of the method used. Could you define the fat reduction (p10 line16, p12 line 19) and weight reduction method respectively?

Minor Essential Revisions
1. Which methods will be used more for wrestlers who employ rapid weight reduction method? Do you mean “Fluid reduction’ and “Pharmacologic agent” are rapid weight reduction method?

Discretionary Revisions
1. Any examples of short-term and long term side effects in P7 line 3

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Needs some language corrections before being published

Statistical review: No, the manuscript does not need to be seen by a statistician.